

## ***Kids on the Run and Kids Marathon***

A Non-competitive Running Event for Children &  
Young People 18 and under

- 7:15-8:30 am Packet pick-up and late registration
- 8:10am Pre-race warm up
- 8:30am 100 meter Toddler Trot ages  
4 years old and under  
Award – Runner’s Ribbon
- 8:35am ½ K Run ages 18 & under  
Award – Runner’s Ribbon
- 8:40am 1 K Run ages 18 & under  
Award – Runner’s Medal
- 8:50am 2 K Run ages 18 & under  
Award - Runner’s Medal

Kids Marathon Awards Ceremony Immediately After  
the Last Running Event – Marathon Medals, Special  
Awards, & Certificates

Refreshments after the Runs!!!!!!

### **Important Information**

The times listed above are approximate.  
The number of heats will depend on the  
number of participants.

Arrive 30 minutes early, to find a parking  
place, warm up, and get to the race start.

*Kids on the Run* will be held rain or  
shine. Dress in layers, to remove or add  
clothing according to the weather  
conditions.

Have fun but be safe! Always be aware  
of other runners and of cars in the  
parking lots.

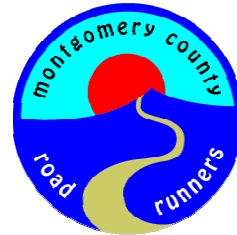
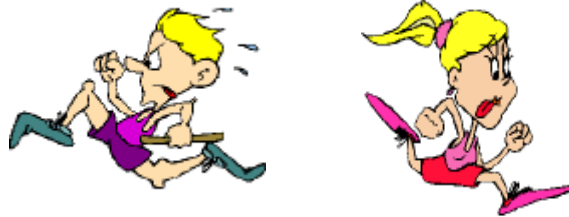
Kids on the Run is a fundraiser for the  
Dolores Swoyer Send-A-Kid-to-Camp  
Scholarship Fund

Parents, help your kids prepare for Kids  
on the Run by running with them.

## ***Kids on the Run***

**&**

## ***Kids Marathon***



***Saturday***

***May 17, 2008***

***Bohrer Park***

***Gaithersburg, Maryland***

Online Signup at  
**www.signmeup.com/59396**

Name \_\_\_\_\_  
 Street Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_  
 Email Address \_\_\_\_\_

Circle 1 Event: Toddler Trot 1/2K 1K 2K

Phone Number \_\_\_\_\_ Age on 5/17/08 \_\_\_\_\_

Do you plan to complete the Kids Marathon? \_\_\_\_\_

**Shirt Size - Circle one:**

Child Size S M L or Adult Size S M L XL

**Entry Fees**

\$5 for entry only (no T-shirt) if postmarked by May 5 \_\_\_\_\_  
 \$10 for entry and T-shirt if postmarked by May 5 \_\_\_\_\_  
 \$12 for late entry if postmarked after May 5 \_\_\_\_\_  
 (T-Shirt provided while supplies last)  
 Extra Donation to the Dolores C. Swoyer  
 Send-A-KID TO-CAMP Scholarship Fund \_\_\_\_\_  
 Total \_\_\_\_\_

Make checks payable to MCRRC. Mail to:  
**KIDS ON THE RUN**, c/o Janet Newburgh, PO Box 1369,  
 Rockville MD 20849

I, the undersigned am the legal guardian or parent of the minor whose name appears above. I know that running a foot race is a potentially hazardous activity. I know that the minor shouldn't enter & run unless medically able and properly trained. I agree to abide by any decision of a race official relative to the minor's ability to safely complete this run. On behalf of the minor for whose benefit I'm executing this waiver & for myself if I choose to run with my child, I assume all responsibility associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, incl. high heat and/or humidity and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver & knowing these facts & in consideration of your accepting this entry, I, for myself, the minor & anyone entitled to act on my behalf, of the minor's behalf, waive & release the Montgomery County Road Runner's Club, Gaithersburg/Bohrer Park, Montgomery County, & all sponsors, their representative & successors from all liabilities of any kind arising out of the minor's participation in this event though that liability may arise out of negligence or carelessness on the behalf of the persons named in this waiver, I further authorize & empower the event director to consent to

& authorize any medical care or treatment for the condition which may appear reasonably necessary as a result of emergency, accident or illness of the minor whether occurring before, during, or after the event. I give permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this for any legitimate purpose.

\_\_\_\_\_  
 Parent/LegalGuardian signature DATE

**Bohrer Park – Just off Route 355  
 Gaithersburg, Maryland  
 Saturday, May 17, 2008**

**Register Early, to help us plan and to be able to  
 order a T-shirt. Send your entry by May 5 to:  
 Kids on the Run, c/o Janet Newburgh, PO Box  
 1369, Rockville 20849**

**Number Pick Up and Late Registration at  
 Bohrer Park, located off Route 355 in  
 Gaithersburg - Friday, May 16, 3:00-5:30 pm  
 and 7:15-8:30 am on Saturday (Race Day)**

First Race - 8:30 am

Races: 100 meter Toddler Trot ages 4 & under

½ k, 1k, 2k, and finale of the Kids marathon for ages 18  
 and under.

Awards: T-Shirts (Guaranteed to Early Registrants)  
 Ribbons, Medals, and Certificates.

For More Information, to Volunteer, or for more Race  
 Applications, visit our website at

www.mcrrc.org  
 Or call: (301) 251 – 1640

**Directions to KIDS ON THE RUN at Bohrer Park**

From the South: Take I-270 north to Shady Grove Road. Go east on Shady Grove Road to Route 355. North on Route 355 to the third light and turn left onto Education Blvd and into Bohrer Park. Follow signs to **KIDS ON THE RUN!**

From the North: Take I-270 South to Montgomery Village Avenue, east. Turn right onto Route 355. Turn right onto Education Blvd and into Bohrer Park. Follow signs to **KIDS ON THE RUN!**

**To Enter the Kids Marathon  
 For  
 KIDS ON THE RUN**

Run one mile on each day of any 25 days between now and May 17th. Have your parents record the date and their initials each time that you run one mile on the list below, under your name. Then, mail this form to **Kids on the Run, c/o Janet Newburgh, PO Box 1369, Rockville MD 20849** or bring it with you when you pick up your race number. At Kids on the Run, run the 2K (1.2miles) to complete the Kids Marathon, for a total of 26.2 miles. Get your Kids Marathon Finisher medal, special award, and certificate at the Awards Ceremony after your run!

Runner's Name: \_\_\_\_\_

| Mile | Date  | Parents Initials |
|------|-------|------------------|
| 1    | _____ | _____            |
| 2    | _____ | _____            |
| 3    | _____ | _____            |
| 4    | _____ | _____            |
| 5    | _____ | _____            |
| 6    | _____ | _____            |
| 7    | _____ | _____            |
| 8    | _____ | _____            |
| 9    | _____ | _____            |
| 10   | _____ | _____            |
| 11   | _____ | _____            |
| 12   | _____ | _____            |
| 13   | _____ | _____            |
| 14   | _____ | _____            |
| 15   | _____ | _____            |
| 16   | _____ | _____            |
| 17   | _____ | _____            |
| 18   | _____ | _____            |
| 19   | _____ | _____            |
| 20   | _____ | _____            |
| 21   | _____ | _____            |
| 22   | _____ | _____            |
| 23   | _____ | _____            |
| 24   | _____ | _____            |
| 25   | _____ | _____            |