

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Mark	Adams	50	M	Gaithersburg				5:51		5:53	5:16	5:28
Bethany	Addison	22	M	Montgomery Village								7:25
Beverly	Addison	50	F	Montgomery Village							14:13	
Brandon	Addison	17	M	Montgomery Village						6:26	6:50	8:04
Britney	Addison	20	F	Montgomery Village							8:13	
Nahum	Addison	14	M	Montgomery Village					9:52		9:26	9:03
Natia	Addison	21	F	Montgomery Village							8:53	7:53
Nickie	Addison	32	M	Gaithersburg		10:33						
Raynita	Addison	33	F	Gaithersburg		10:22						
Brittany	Afolabi-Brown	13	F	Gaithersburg		8:08	9:37					
Folake	Afolabi-Brown	45	F	Gaithersburg			8:35					
Gregory	Afolabi-Brown	11	M	Gaithersburg		7:48	7:25					
Kenneth	Afolabi-Brown	11	M	Gaithersburg		8:06						
Richard	Afolabi-Brown	59	M	Gaithersburg			9:47					
Tiffany	Afolabi-Brown	15	F	Gaithersburg		8:41	9:18					
Ricardo	Aguilar	36	M	Gaithersburg							6:02	
Aibaki	Akbar	14	M	Silver Spring						6:58		
Ifiok	Akpandak	19	M	Gaithersburg						5:53		
Omair	Alan	15	M	Gaithersburg			10:39					
Ive	Albertie	34	M	Rockville					6:37			
Wolfgang	Albrecht	46	F	Potomac							5:39	
David	Alexander	31	M	Silver Spring		4:57						
Dearborne	Allen	21	F	Gaithersburg							10:14	
Durolyn	Allen	19	F	Gaithersburg							9:02	
John	Allen	10	M	Gaithersburg							9:37	
Taylor	Allie	17	F	Gaithersburg						8:39		
Eric	Allie Jr.	14	M	Gaithersburg					6:31	6:49		
Charise	Alston	32	F	Germantown						9:25		
Christian	Alston	6	M	Damascus		8:12						
Lakayja	Alston	15	F	Damascus		6:34				7:09	8:16	
Lakye	Alston	13	M	Damascus		6:12			7:26			
Patrick	Altekruse	41	M	Silver Spring			5:50					
John	Alvanis	55	M	Germantown		7:10	6:48	7:03				
Alec	Anderson	19	M	Silver Spring							7:17	
Graham	Anderson	46	M	Silver Spring							5:23	
Kelsey	Anderson	16	F	Silver Spring							8:43	
Shapora	Anderson	15	F	Rockville		6:51						
Tony	Anderson	14	M	Gaithersburg						9:03		
Wilhelm	Anderson	54	M	Annapolis					5:31			
Senteria	Ashley	19	F	Gaithersburg						7:27		
Danny	Austin	15	M	Woodbine						6:24	6:38	
Marc	Austin	45	M	Woodbine						8:23	8:11	
Erica	Avery	41	F	Rockville				7:59				
Dakota	Ayers	15	F	Gaithersburg			7:50					
Norval	Balac	9	M	Germantown	6:39							

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First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Emily	Barlow	25	F	Rockville		7:41						
Phill	Barrett	28	M	Cheverly		6:43						
Khamaal	Barrett-Ricks	12	M	Rockville							9:07	
D'Andre	Barrington	10	M	Bethesda	8:38							
Emma	Barrios	29	F	Silver Spring		7:39						
Alexander	Basta	16	M	Potomac		6:12						6:56
Milan	Basta	58	M	Potomac		6:29						
Eric	Batten	27	M	Rockville		6:15						
Anthony	Battle		M	Gaithersburg	8:39							
Jefferson	Battle	38	F	Gaithersburg	7:58							
Kaylyn	Battle	10	F	Gaithersburg	8:44							
Maurice	Battle	4	M	Gaithersburg	12:03	12:51						
Orecuiys	Battle	9	F	Gaithersburg		9:14						
Precious	Battle	9	F	Gaithersburg	7:10		10:26		11:10	10:13	13:10	
Tyara	Battle	8	F	Gaithersburg	8:18	9:38	10:40					
Demetrius	Bayne	15	M	Germantown	7:27							
Saquawn	Beasley	11	M	Rockville			7:07					
Dean	Beatty	57	M	North Potomac							5:18	
Anna	Beecroft	16	F	Gaithersburg							10:01	
Kevin	Bell	19	M	Rockville					8:04			
Abraham	Beltran	57	M	Germantown								
Bethany	Benjamin	18	F	Montgomery Village					10:06	10:19	9:54	9:01
Brielle	Benjamin	16	F	Montgomery Village					7:37	7:59	8:46	7:52
Chris	Benjamin	17	M	Montgomery Village					7:09	7:03	7:44	7:08
Darien	Benjamin	15	M	Montgomery Village					6:43	7:10	7:31	7:15
Shannelle	Bennaugh	17	F	Gaithersburg					9:20			
Brian	Benson	26	M	Rockville		7:46						
Gary	Berg-Cross	66	M	Potomac						6:26		
Conor	Berry	7	M	Gaithersburg			13:48					
Dylan	Berry	17	M	Garrett Park								7:17
Kevin	Berry	12	M	Garrett Park								8:37
Michael	Berry	13	M	Gaithersburg			9:40					
Patrick	Berry	16	M	Garrett Park								8:41
Daija	Black	12	F	Germantown	8:14	7:51	7:59					
Destiny	Black	11	F	Germantown	7:23	7:13	7:46					
Izajah	Black	7	M	Germantown	7:56	8:37	8:56					
Norval	Black	9	M	Gaithersburg		6:56	7:23					
Andrew	Blair	15	M	Gaithersburg				8:24	8:00			
Dalton	Blair	49	F	Gaithersburg					15:33			
Delbert	Blair	49	M	Gaithersburg					8:51			
Julisa	Blair	19	F	Gaithersburg				8:55	8:23			
Trishania	Blair	14	F	Gaithersburg				9:00	9:28			
Beth	Blank	14	F	Annandale, VA				8:03			8:42	
Peter	Blank	55	M	Annandale, VA	7:00			6:18			6:14	6:06
Shahzaade	Bledsoe	12	F	Silver Spring						10:49		

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First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Cathy	Blessing	38	F	Sterling, VA						8:02		
Stephanie	Blozy	38	F	Gaithersburg						7:21		
John	Blumgart	17	M	Germantown							7:21	
Max	Boimov	13	M	Gaithersburg					6:43			
Samuel	Boimov	20	M	Gaithersburg					4:52			
Eliana	Bonifacino	24	F	Rockville			6:41					
Owen	Bonnett	13	M	Germantown		7:15						
Jason	Booms	38	M	Kensington		8:11						
Aaron	Borst	15	M	Brookeville					9:14	10:37		
Loni	Borst	16	F	Brookeville					7:30	7:05		
Anna	Bosse	16	F	Rockville				6:06	6:00	6:26	6:35	6:58
Donald	Bosse	41	M	Rockville					8:24			
Taylor	Bosse	13	F	Rockville				7:50	8:22	8:51	10:13	
Jeron	Bowman	15	M	Germantown					9:10			
Sherel	Bowman	19	F	Germantown					7:59			
Corbin	Boykin	10	M	Gaithersburg				9:38	9:40	11:09		
Gregory	Boykin	49	M	Gaithersburg							11:39	
Kaela	Boykin	16	F	Gaithersburg					10:15	10:54		
Madison	Boykin	10	F	Gaithersburg				10:31		11:50		
Jamie	Bradfield	38	F	Silver Spring				8:33				
Cailyn	Bradley	20	F	Gaithersburg								6:23
Manauel	Bradshaw	13	M	Gaithersburg	7:32							
James	Brameyer	31	M	Rockville			5:11	5:49				
Gabbi	Brault	10	F	Brookeville	8:01							
Neal	Breen	38	M	Silver Spring							6:31	
Tom	Brennan	42	M	Gaithersburg			7:07					6:05
Kieran	Broder	14	M	Silver Spring	5:45							
Jake	Brodsky	13	M	Rockville			9:35					
Jon	Brodsky	9	M	Rockville	10:15							
Cori	Brown	8	F	Germantown	7:18	9:48						
Daryl	Brown	15	M	Germantown							9:33	
David	Brown	67	M	Potomac	9:03					8:36		
Deshon	Brown	18	M	Gaithersburg							8:10	
Michelle	Brown		F	Gaithersburg			10:49					
Wendall	Brown	16	M	Forestville		4:58						
Juliette	Browne	13	F	Gaithersburg			8:22					
Tia	Brownlee	20	F	Boys								8:51
Nathalia	Brunskine	16	F	Gaithersburg					10:36			
Kengon	Bundy	15	M	Silver Spring		7:16						
Lamiya	Burch	14	F	Germantown							9:10	
Lily	Burch	51	F	Potomac		9:48						
Isabelle	Burdge	7	F	Rockville	10:03							
Jarrhett	Butler	17	M	Gaithersburg					6:17	6:53		6:43
Rene	Butters	28	F	Germantown		9:19						
Rheem	Byan	8	M	Germantown	9:33							

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First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Jeff	Byers	45	M	Montgomery Village	6:14							
Paris	Caballero		M	Gaithersburg							4:44	
Tandelia	Cagle	18	F	Gaithersburg						9:15		
Wade	Caldwell	39	M	Gaithersburg						5:24		
Christiam	Camacho	31	M	Bethesda			4:52	4:54		4:54	5:14	
Richard	Canter	46	M	Gaithersburg	8:36							
Annelise	Cantrell	12	F	Gaithersburg					8:22	9:19		
Jarrett	Cantrell	44	M	Gaithersburg					7:13	6:46		
Christina	Caravoulas	54	F	Silver Spring		9:52	9:11	9:42			9:11	9:43
Rashad	Carlyle	19	M	Gaithersburg							5:46	5:50
Brian	Carroll	54	M	Silver Spring				5:40			5:32	
Kionda	Carroll	14	F	Germantown	7:57							
Megan	Carroll	46	F	Bethesda				8:17				
Wayne	Carson	52	M	Germantown		6:40	6:39	7:08		6:19	6:15	
Susan	Celmer	89	F	Germantown		7:52						
Giovanni	Cesto	13	M	Gaithersburg							10:23	
Willy	Cesto	39	M	Gaithersburg							10:24	
Troy	Chambers	10	M	Gaithersburg				9:24				
Cara	Chase	18	F	Gaithersburg					9:29			
Ian	Chasler	20	M	Rockville							5:55	6:07
Michael	Chau	31	M	Silver Spring			6:24		7:21	6:35		
Heather	Chen-Mayer	48	F	Garrett Park						6:48		
Glen	Chin	31	M	Silver Spring			6:31		7:44	6:42		
Corliss	Clark	49	F	Germantown	11:58							
Courtney	Clark	18	F	Germantown					7:56	8:08	8:45	7:44
John	Clark	29	M	Germantown					6:15			
Cheyenne	Clarke	16	F	Gaithersburg					9:24			
Antonio	Claro	48	M	Rockville					5:03			
Ian	Coblyn	18	M	Clarksburg							7:00	7:22
Robin	Coblyn	54	F	Clarksburg							9:46	
Cedric	Cole	10	M	Damascus	7:38		6:34		8:03	8:45		
Charise	Cole	32	F	Damascus		11:38						
Christian	Cole	6	M	Damascus	7:33		9:09					
Kakayja	Cole	15	F	Damascus			6:06					
Kisha	Cole	23	F	Gaithersburg			7:46					
Lakye	Cole	13	M	Damascus	6:01		6:11					
Anessa	Coleman	15	F	Rockville				10:58				
Brandon	Coleman	11	M	Gaithersburg			8:06	10:08				
Dennis	Coleman	52	M	Gaithersburg	5:13							
Durell	Coleman	15	M	Germantown	8:02	7:12	6:55	8:06	9:11			
Nadia	Coleman	14	F	Rockville			9:00	10:03				
Renville	Coleman Jr	10	M	Rockville				10:21				
Bill	Collins	51	M	Germantown	7:00	6:38						
Josh	Cook	14	M	Potomac						7:29		
Darias	Cooper	15	M							9:04		

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First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Ellen	Cooper	59	F	Rockville				7:12				
Jamal	Cooper	17	M	Gaithersburg						7:52	7:40	
Jim	Cooper	42	M	New Market				6:59				
Lance	Correia	34	M	Germantown	7:13							
Leondra	Correia	11	F	Germantown	6:47							
London	Correia	8	F	Germantown	10:17							
Danon	Cray	14	M	Silver Spring		7:32						
Delacy	Cray	7	M	Silver Spring		9:28						
Joshua	Cray	13	M	Gaithersburg						8:08		
Laraya	Cray	32	F	Silver Spring		10:36						
Russel	Cray	20	M	Gaithersburg						7:38		
Brittany	Croffie	16	F	Gaithersburg					10:36			
Devona	Cromartle	42	F	Silver Spring			15:25					
Jason	Cross	30	M	Germantown	9:27		8:14					
Moziah	Cross	10	M	Germantown	7:13	7:05	8:34					
Tom	Crowley	72	M	Gaithersburg						7:15		
Aminata	Cunningham	19	F	Germantown						7:23		
Chessie	Dahut	13	F	Gaithersburg	6:35							
Jim Yi	Dang	51	M	Gaithersburg		7:18						
Corey	Danoff	17	M	Gaithersburg			5:10					
Neal	Darmody	19	M	Gaithersburg					5:03			
Peter	Darmody	52	M	Gaithersburg	5:22	5:34		5:18	5:14			
Alex	Davies	18	M	Derwood	8:10							
Deirdre	Davis	47	F	Gaithersburg	10:32							
Dinadja	Davis	10	F	Germantown					13:26			
Donald	Davis	39	M	Germantown					13:21			
Donald Jr	Davis	9	M	Germantown					9:39			
Dorienne	Davis	11	F	Germantown					13:19			
George	Davis	53	M	Gaithersburg							9:43	
Shayla	Davis	20	F	Gaithersburg							7:43	7:11
Stephanie	Davis	11	F	Gaithersburg	6:26	6:51	7:13		10:16			
Tyrell	Davis	18	M	Germantown			7:39					
Sarah	Day	35	F	Rockville							6:25	
Isaiah	Dayne	10	M	Germantown	8:23							
Lewis	Deja	11	F	Gaithersburg				8:51				
Anne	Delp	34	F	Kensington		6:29						
Manuel	Deputy	15	M	Gaithersburg	5:56				9:08			
Rick	Desper	42	M	Rockville						7:17		
Ahmad	Devaughn	12	M	Gaithersburg			7:24					
Paul	Dexter	37	M	Derwood	6:34							
Nicole	Deziel	33	F	Cabin John			5:32					
Azhit	Dhaliwal	54	M	Gaithersburg			8:33					
Savraj	Dhaliwal	14	M	Gaithersburg			7:12					
Ida Lina	Diak	31	F	Gaithersburg			7:21					
Peter	Diak	31	M	Gaithersburg		5:47	5:50					

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First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Alexander	Diamondidis	17	M	Germantown							9:22	
Karen	Dicamillo	35	F	Gaithersburg	7:35							
Thomas	Didone	50	M	Gaithersburg					6:50			
Hassan	Dixon	17	M	Germantown							6:34	
Shiane	Dixon	13	F	Germantown							9:38	
Zachary	Dixon	54	M	Germantown							9:41	
Anh-Chi	Do	19	F	Gaithersburg						6:23		
Linh-Yen	Do	22	F	Gaithersburg							6:07	
Ngan-Ha	Do	56	F	Gaithersburg					8:41	8:37		
Trong	Do	57	M	Gaithersburg						6:13	6:15	
Brian	Donaldson	33	M	Montgomery Village	6:27							
Dominique	Dorsey	18	F	Gaithersburg					9:21			
Lashelle	Douglas	15	F	Rockville			8:40					
Blake	Dove	12	M	Germantown			8:04			10:46		
Jana	Dove	21	F	Rockville						8:32		
Terrell	Drakeford	13	F	Gaithersburg						10:02		
Steve	Dubois	39	M	Washington DC			5:37					
Amicia	Duarez	13	F	Gaithersburg	7:30							
Darci	Duelge	41	F	Rockville					7:50			
Jeff	Duelge	41	M	Rockville				6:00				
Kaleb	Duelge	17	M	Rockville				6:32				
Addison	Early	9	M	Silver Spring	7:39							
Nicole	Eastman	14	M	Montgomery Village					7:52			
Sean	Eastman	41	M	Montgomery Village					6:21			
Mark	Eaton	45	M	Silver Spring	5:49							
William	Eaton	9	M	Silver Spring	6:50							
Andrea	Echart	19	F	Rockville						7:55		
Isiah	Edmondson	8	M	Gaithersburg			14:08					
Jack	Edwards	57	M	Clarksburg				8:09				
Russ	Egeland	57	M	Olney							6:58	
Lamont	Ellis	34	M	Gaithersburg			7:39					
Paije	Ellis	14	F							9:05		
Devon	Emelle	9	M	Germantown	10:46							
Sunny	Emelle	49	M	Germantown	10:15							
Beau	Engman	40	M	Rockville	9:02							
Katherine	Engman	13	F	Rockville	6:20							
Anna	Enriquez-Robi	56	F	Gaithersburg	9:13							
Denice	Etheridge	42	F	Gaithersburg		10:23	11:41					
Dion	Etheridge	13	M	Gaithersburg		6:58	6:35		6:54			
Mateen	Etheridge	14	M	Germantown			6:04		6:39			
Tervon	Eubank	9	M	Germantown			9:39					
Jeff	Evans	31	M	Bethesda			6:05					
Alex	Eversmeyer	28	M	Gaithersburg		4:34						
Bob	Fabia	57	M	Washington DC							6:45	
Mayra	Fairbairn	44	F	Gaithersburg	8:49	8:21						

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First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Chris	Farmer	30	M	Columbia		6:00						
Thomas	Faucette	33	M	Silver Spring					5:15			
Aspen	Feldman	13	M	Rockville		10:08						
Piper	Feldman	8	F	Rockville		10:14						
Khori	Ferguson	14	F	Rockville			7:38					
Jeylon	Ferrell	14	M	Germantown				7:43				
Amy	Ferro	17	F	Rockville		5:54						
Audrey	Fincher	52	F	Germantown		7:37						
Jodi	Finkelstein	39	F	Olney							6:56	
Harriet	Finkle	43	F	Rockville					7:25			
Lee	Firestone	44	M	Gaithersburg		5:35						
Lataevia	Francois	10	F	Germantown				9:31				
Jikin	Fletcher	14	F	Germantown					8:25			
Jimia	Fletcher	13	F	Germantown					8:29			
Kelvin	Fowler	53	M	Gaithersburg							9:05	
Lena	Fowler	12	F	Gaithersburg						7:39	8:08	9:45
Kelvin	Fowler Jr.	17	M	Gaithersburg						6:45		7:17
Joshua	Frances	19	M	Gaithersburg								6:35
Rick	Francke	62	M	McLean, VA							9:34	
Lanyia	Francois	6	F	Germantown		10:07						
Lataevia	Francois	10	F	Germantown		7:26	7:57					
Mitch	Franklin	50	M	Germantown				7:45				
Bailee	Freeman	16	F	Germantown					7:30	7:25		
Erich	Friedlein	25	M	Dumfries, VA						4:55		
Yukun	Fung	31	M	Silver Spring	5:49							
Yoko	Futatsugi	42	F	Bethesda		7:42						
Charity	Gachenge	19	F	Gaithersburg						10:13	9:56	
Pamgrace	Gachenge	20	F	Gaithersburg							9:47	
Ahzsa	Gailliard	12	F	Rockville					9:53	10:09		
Michael	Galvin	28	M	Bethesda					5:47	5:37		
Isaac	Gasbara	14	M	Sandy Spring	6:26							
Cheryl	Germany	49	F	Rockville							13:18	
Shayla	Germany	17	F	Rockville						8:26	9:57	
Aslinn	Gherman	14	F	Gaithersburg						11:34		
Robert	Gherman	44	M	Gaithersburg						7:56		
Joseph	Gilday	57	M	Silver Spring						6:10		
John	Gill	39	M	Germantown			6:37	6:50	7:20			
Sotia	Gill	20	F	Gaithersburg								6:53
Daniel	Glick	14	M	Frederick		5:30						
Elijah	Glick	12	M	Frederick		6:11						
Sarah	Glick	10	F	Frederick		6:28						
Stephen	Glick	7	M	Frederick		10:43						
Bet	Glover	64	F	Bethesda			7:29	7:42				
Deborah	Gnounou	7	F	Germantown	8:51							
London	Goines	5	F	Germantown			15:12					

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Melissa	Gomez	31	F	Fpo AP	7:22							
Jake	Goodman	17	M	Rockville					6:45			
Kirk	Gordon	53	M	Mitchellville	6:45		5:25	6:07	6:04	5:58		5:51
Sharyn	Gordon	51	F	Mitchellville					9:29			8:50
Marcia	Gottesman	33	F	Gaithersburg	7:43	7:26					7:23	7:49
Seth	Gottesman	35	M	Gaithersburg								5:51
Taeviana	Govan	9	F	Damascus	8:06							
John	Graves	56	M	Bethesda						5:38		
Stella	Graves	58	F	Bethesda						7:15		
Abby	Green	12	F	Germantown	7:42							
Johanna	Gretschel	19	F	Silver Spring								6:53
Louise	Gretschel	16	F	Silver Spring								8:45
Carolyn	Grey	44	F	Rockville					8:26			
Naree	Grey	13	F	Rockville	7:16	7:39	8:16	8:54	9:13			
Nathaniel	Grey	11	M	Rockville	7:54		8:34	9:52	10:19			
Norman	Grey	12	M	Rockville	7:18							
Norman	Grey	48	M	Rockville					9:49			
Sephora	Grey	12	F	Rockville		7:48	8:21	8:07	8:39			
Norman	Grey Jr	13	M	Rockville			8:03	8:01	9:15			
Cheryl	Griffin	53	F	Germantown			8:04	7:39				
Sandra	Griffin	43	M	Upper Marlboro		5:46	5:51	7:00				
Paige	Gross	17	F	Potomac							8:18	
Liz	Guertin	36	F	Washington DC			8:02					
Richard	Gunn	9	M	Gaithersburg	7:32							
Sydney	Gunn	8	F	Gaithersburg	9:50							
Colin	Gura	16	M	Potomac		6:18						
Jeff	Gura	50	M	Potomac		6:41						
Alvin	Guttag	91	M	Gaithersburg			20:30	18:30	17:52	17:15	15:32	17:00
Javier	Guzman	16	M	Gaithersburg								
Dave	Haaga	48	M	Rockville						4:56		
Dennis	Hackett	12	M	Gaithersburg	7:31							
Taylor	Hackett	14	F	Gaithersburg	7:29	7:24		8:30		8:53		
Nathan	Hairston	15	M	Gaithersburg					6:41	6:43		
Michael	Hakke	35	M	Bethesda				6:01				
Amanda	Hale	32	F	Bethesda				6:55				
Sarah	Hall	17	F	Rockville								9:56
Tim	Hall	43	M	Derwood								6:24
William	Hall	18	M	Gaithersburg			6:41					
Elizabeth	Hallowell	28	F	Bethesda				6:14				
Marcus	Haltiwanger	16	M	Gaithersburg			5:30		6:20			
Heather	Hanson	26	F	Gaithersburg		8:04						
Linda	Hanson	58	F	Gaithersburg		10:46						
Tyree	Hardie	13	M	Gaithersburg						7:35		
Ahmad	Harkum	12	M	Gaithersburg					8:21	8:54		
Damian	Harkum	13	M	Gaithersburg			6:40		7:35	9:44		

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Reginald	Harkum	17	M	Gaithersburg						6:44		
Aianni	Harper	12	F	Gaithersburg	7:05							
Daija	Harper	9	F	Gaithersburg	7:58	8:36	8:57		10:25			
Daryl	Harper	7	M	Silver Spring		9:48	15:21					
Dianni	Harper	12	F	Rockville				7:21				
Gianni	Harper	12	F	Silver Spring		6:38	7:18		7:07	8:21	10:49	
Kakisha	Harper	34	F	Silver Spring		7:01					10:36	
Katherine	Harriday	47	F	Silver Spring					11:21			
Amed	Harris	6	M	Gaithersburg		11:03						
Christopher	Harris	10	M	Gaithersburg	7:04	7:51	8:28	10:10	9:58			
Page	Harris	18	F	Burtonsville						7:35	7:24	
Simone	Harris	17	F	Gaithersburg					7:49			
Lorin	Harvey	37	F	Germantown			7:06					
Fred	Hauschildt	63	M	Kensington								10:33
Nia	Hawkins	15	F	Germantown							9:09	
Anna	Hays	39	F	University Park					8:32			
Stephen	Hays	41	M	University Park				5:20	5:14			
Cassandra	Haywood	43	F	Potomac			11:58					
Darryl	Haywood	49	M	Germantown							9:00	
Devin	Haywood	16	M	Gaithersburg			6:49				8:44	7:20
Carl	Heacock	14	M	Gaithersburg	6:26							
Bernard	Height	23	M	Gaithersburg		6:59						
Mark	Hemming	39	M	Rockville					5:47			
Brian	Henry	16	M	Germantown						7:41		
Tiffany	Henry	28	F	Germantown				8:40				
Brian	Hensel	37	M	Gaithersburg	7:05							
Donald	Hensel	65	M	Gaithersburg	6:37							
Lauren	Herring	10	F	Gaithersburg	8:23	8:06	9:21	10:31				
Stacey	Herring	8	F	Gaithersburg			12:29	11:47				
John	Hickey	59	M	Gaithersburg							10:15	
Dominique	Hill	14	F	Germantown							9:11	
Robby	Hoff	14	M	Gaithersburg	5:46							
Lauren	Holland	17	F	Montgomery Village					9:30			
Caitlin	Hollowel	20	F	Rockville							7:30	
Ja'ren	Holmes	10	M	Gaithersburg		8:06	8:17					
Jarred	Holmes	10	M	Gaithersburg		7:31	7:56					
John	Holten	45	M	Gaithersburg		5:35			5:17		5:19	
Steven	Holten	12	M	Gaithersburg		7:25		7:58				
Mical	Honigfort	33	F	Gaithersburg	7:39	6:56	7:36	7:19	6:54	7:07		
Paul	Honigfort	36	M	Gaithersburg	6:22	6:17			5:53			
Bonnie	Hooker	39	F	Bethesda		6:37						
Camille	Horan	15	F	Gaithersburg					8:23			
Maddy	Horan	18	F	Gaithersburg					6:59			7:39
Jake	Hough	11	M	Boyds			9:42		11:21		12:26	
Philip	Hough	41	M	Boyds			5:29		5:36	5:54	5:47	

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Zach	Hough	14	M	Boys			9:51		8:59		11:14	
Daysia	Howard	14	F	Germantown							11:42	
Kent	Howard	11	M	Gaithersburg		8:51						
Thomas	Hoyt	19	M	Rockville				5:12				
Charles	Huband	30	M	Silver Spring				6:35				
Erin	Huband	32	F	Silver Spring				7:27				
Dan	Huck	25	M	Bethesda			4:52					
Xavier	Hughes	19	M	Gaithersburg						6:42		
Marjan	Huizing	41	F	Bethesda					5:33			
Daryl	Hultquist	40	M	Gaithersburg					5:37			
Hailey	Hultquist	13	F	Gaithersburg				8:40				
Katie	Hultquist	13	F	Gaithersburg					9:31			
Nicole	Hultquist	10	F	Gaithersburg				11:00	12:01			
Cayla	Hunter	18	F	Germantown							7:35	
Aaliyah	Hutchinson	8	F	Clarksburg	7:42							
Amil	Hutchinson	10	F	Clarksburg	7:48		8:34	9:33				
Khalil	Hutchinson	15	M	Germantown				7:40				
Malik	Hutchinson	13	M	Germantown				8:06				
Mia-Michelle	Hyson	19	F	Gaithersburg								8:10
Carson	Ingle	17	M	Germantown							9:08	
Asia	Jackson	12	F	Rockville		9:46			10:20			
Francois	Jackson	29	M	Germantown	9:32							
Paul	Jacobson	46	M	Gaithersburg					5:10			
Theodore	Jagodits	10	M	Poolesville			6:47		9:03			
Thomas	Jagodits	49	M	Poolesville		6:32		6:05	5:59	5:51		
Shariif	Jakes	13	M	Rockville		6:57						
Richard	Jefferson	64	M	Germantown			6:29					
Jaron	Jemmott	16	M	Rockville			6:58					
Jordan	Jeter	15	M	Rockville			7:02					
Caren	Jew	45	F	Gaithersburg						8:58		
Alissa	Jewell	20	F	Gaithersburg							7:42	7:24
Ashanti	Johnson	18	F	Rockville						8:04	10:09	8:17
Crauin	Johnson	8	M	Germantown	8:34							
Millicent	Johnson	40	F	Rockville							13:14	
Zavae	Johnson	13	M	Rockville			7:52					
Eric	Johnston	46	M	Ellicott City							6:31	
Shawntaa	Jonees	21	F	Gaithersburg								8:41
Blair	Jones	65	F	Washington DC	9:53							
Brian	Jones	25	M	New Market			5:30					
Calvin	Jones	15	M	Gaithersburg		6:46	6:54	8:48	9:34			
Gail	Jones	49	M	Middletown	10:23							
Josh	Jones	13	M	Silver Spring	6:56							
Michele	Jones	41	F	Germantown		7:13						
Samantha	Jonjo	14	F	Gaithersburg	9:22							
Dionte	Joppy	17	M	Germantown					6:31	7:14	8:31	8:20

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Kevin	Joppy II	13	M	Germantown	6:06		6:35	6:45	6:50	6:56		
Taharrah	Jordan	11	F	Germantown	8:27							
John	Jost	50	M	Germantown				8:39				
Anicia	Juarez	14	F	Gaithersburg		7:25	7:23					
Christopher	Kaczmarek	19	M	Montgomery Village			5:01	5:14	5:19			
Eric	Kaczmarek	15	M	Montgomery Village					7:41			
Ben	Kagan	9	M	Rockville					13:15			
Jonathan	Kagan	14	M	Rockville					9:22			
Jo-Shawna	Kakou	13	F	Silver Spring	7:06	6:37	7:03	7:44	7:26			
Carol	Karunic	48	F	Germantown					6:14			
Elizabeth	Kasunic	13	F	Germantown			10:23		11:00			
Jess	Kasunic	9	F	Germantown			10:21		10:33			
Katie	Kasunic	15	F	Darnestown					9:12			
Rashad	Kayster	11	M	Germantown							9:51	
Andrea	Keane-Myers	40	F	Bethesda		7:02						
Nick	Keeling	71	M	Bethesda	8:02							
Greg	Kemp	38	M	Germantown					5:27			
Whitney	Kenon	18	F	Gaithersburg						9:14		
Christina	Kichula	39	F	Silver Spring					7:51			
Roger	Kilgore	66	M	Tall Timbers					6:39			
Juhee	Kim	14	F	Potomac		6:39						
Matthew	Kim	16	M	Bethesda			5:02					
Aaron	King	13	M	Gaithersburg							10:14	
Trey	Kinlead	45	M	Rockville				5:26				
Billy	Kirk	12	M	Rockville			6:05			8:03		
Eddie	Kirk	15	M	Rockville						11:30		
Ian	Kirk	18	M	Rockville						5:56		
Peter	Kirk	53	M	Rockville			6:01			5:21		
Jake	Klim	29	M	North Bethesda	4:27							
Trish	Koch	56	F	Silver Spring				9:31				
Charlotte	Koonce	9	F	Gaithersburg	11:30	10:42						
Maggie	Koonce	5	F	Gaithersburg	13:15	12:38						
Scott	Koonce	38	M	Gaithersburg						5:41		
Ted	Kopczyk	28	M	Bethesda	5:20							
Michelle	Krausze	35	F	Bethesda			9:46					
Wayne	Kretzer Jr	42	M	Hagerstown			5:15	5:31				
David	Kroeker	54	M	Rockville		7:33	7:41					
Phil	Kroeker	20	M	Rockville			5:27					
William	Kuate	11	M	Germantown					9:16			
Vijay	Kumar	43	M	Germantown							6:23	
Katie	Kuznetsova	16	F	Rockville					7:09			
Danejah	Kyle	7	M	Gaithersburg	7:26							
Joseph	Kyle	26	M	Gaithersburg	8:48							
Layla	Kyle	5	F	Gaithersburg	12:13							
Shirley	Lagat	8	F	Germantown		10:01						

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
MacKenzie	Lamotteo	7	F	Clarksburg	8:26							
Mao	Lamotteo	4	M	Clarksburg	11:02							
Mao	Lamotteo	41	M	Clarksburg	6:43							
Michelle	Lamotteo	37	F	Clarksburg	7:25							
Brittany	Lanford	16	F	University Park						7:44		
Francois	Lanyia	6	F	Germantown	9:25							
David	Laratta	20	M	Gaithersburg						4:56		6:23
Evan	Laratta	16	M	Gaithersburg			5:38	6:06	6:29	7:07		7:25
Judy	Laratta	49	F	Gaithersburg			10:31					
Tyler	Lardy	17	M	Gaithersburg							7:16	
Francois	Lataevia	10	F	Germantown	6:59							
Marie	Latulippe	35	F	Washington DC		6:38						
Jim	Lawruk	30	M	Bethesda	5:47	5:41						
Christina	Le	13	F	Boys	9:17							
Carl	Leacock	14	M	Gaithersburg		7:06						
Cole	Leacock	10	M	Gaithersburg	7:55							
Jaylon	Leonard	11	M	Gaithersburg	7:01							
Dan	Lee	44	M	Clarksburg				6:45				
Danielle	Lee	13	F	Germantown								9:20
Eric	Lee	16	M	Germantown								9:20
Scott	Lee	30	M	Bethesda		6:17						
Seleng	Lee	10	F	Gaithersburg		10:55						
Deandre	Lefeged-Smith	17	F	Germantown					7:36			
Haley	Lennon	11	F	Gaithersburg	7:33							
Ralph	Lennon	49	M	Montgomery Village	5:54							
Jamal	Leonard	12	M	Gaithersburg	6:23				8:13			
Jaylon	Leonard	11	M	Gaithersburg					8:08			
Jovan	Leonard	19	M	Gaithersburg					6:18			
Sammie	Leonard	21	M	Gaithersburg								9:19
Sierra	Leonard	8	F	Gaithersburg	7:23							
Darius	Lewis	15	M	Rockville			6:57	6:55				
Don	Libes	52	M	Potomac		7:36			7:48			
Kenna	Libes	16	F	Potomac					9:55			
Marshall	Lieder	11	M	Rockville							12:09	
Roy	Limpias	20	M	Germantown				5:10				
Janae	Little	13	F	Clarksburg						15:45		
Jaylen	Little	14	M	Clarksburg						7:46		
Adam	Liu	46	M	Gaithersburg						6:59		
Jaider	Lopez	8	M	Clarksburg	8:09							
Brent	Lorenz	39	M	Potomac		5:44						
Ronnie	Lyles	15	M	Rockville			7:09					
Tyra	Lyles	12	F	Rockville		8:13						
Victoria	Madar	29	F	Gaithersburg					6:36			
Patrick	Madison	13	M	Gaithersburg			8:34					
Patricia	Maloney	57	F	Potomac						10:48		

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Cara Marie	Manlandro	25	F	Rockville		7:21	8:10					
Adekalie	Mansaray	31	M	Gaithersburg					7:37			
Alaina	Maphis	7	F	Germantown	10:34	10:29	11:24					
Michael	Maphis	27	M	Silver Spring			11:26					
Marie	Marchal	33	F	Germantown	8:52							
Jonathan	Marino	12	M	Clarksburg		7:45						
Ruth	Martin	55	F	Bethesda						8:24		
Algier	Maryland	16	M	Gaithersburg								7:14
Brea	Mason	14	F	Gaithersburg							9:22	
Robert	McCaffrey	44	M	Rockville	6:24							
Jeanne	McCann	52	F	Bethesda		8:56						
Jack	McClure	12	M	Gaithersburg	7:49							
John	McGlovthan	53	M	Silver Spring			7:54					
Lindley	McGrew	51	M	Bethesda	6:28							
Mark	McKennett	31	M	Germantown	6:42							
John	McKim		M	Reston, VA								6:13
Langley	McKinney	59	M	Rockville		7:40						
Carter	McClean	12	M	Gaithersburg					8:02			
Jack	McMahon	79	M	Rockville								7:03
Kyan	McNavage	38	M	Bethesda			5:51					
Lindsay	McNavage	10	F	Bethesda			10:05					
Joe	Medrano	32	M	Corpus Christi, TX						4:44		
Jeff	Mehr	32	M	Chevy Chase		5:26	5:23	5:55				
Amanda	Meikert	22	F	Washington DC						7:10		
Paul	Meloan	42	M	Montgomery Village							6:22	
Justin	Mensh	11	M			8:32						
Brian	Miller	31	M	Damascus			5:40					
Michelle	Miller	29	F	Damascus			5:25	5:39				
Jennifer	Mills	34	F	Silver Spring			11:57					
Kayla	Minor	8	F	Gaithersburg		9:07						
Ted	Mironchuk	19	M	Chevy Chase					5:36			
MacKenzie	Mitchell	12	F	Gaithersburg		7:47						
Ryan	Mitchell	10	F	Germantown	8:47	9:06	9:19	8:59				
Jason	Mollica	40	M	Gaithersburg			9:47					
Melanie	Mollica	35	F	Gaithersburg		7:25	9:45					
Kaylaa	Monor	8	F	Washington Grove	8:21							
Jawaan	Monroe	12	M	Gaithersburg			9:34					
Hector	Montesinos	46	M	Takoma Park							5:23	
Hector	Montesinos Jr.	20	M	Takoma Park							7:22	
Annisha	Montgomery	13	F	Gaithersburg						10:04		
Chauncey	Moore	9	M	Rockville	8:04							
Douglas	Moore	15	M	Rockville	7:05							
Thomas	Moore	45	M	College Park		6:11						
James	Moreland	57	M	Gaithersburg								5:33
Melissa	Morris	34	F	Gaithersburg		6:19						

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Tadd	Morris	42	M	Camp Hill, PA							5:10	
Tim	Mossman	40	M	Gaithersburg					5:43			
Ruth	Mosunmade	11	F	Gaithersburg			9:41					
Ayriana	Moten	9	F	Germantown					9:26			
Ayron	Moten	11	M	Germantown					9:55			
Michael	Moten	43	M	Germantown					11:19			
Miya	Mozie	10	F	Germantown					8:52			
Tricia	Muir	31	F	Germantown				7:38				
Ragaav	Muralidharan	13	M	Gaithersburg		8:26						
Jolen	Muse	16	M	Germantown							8:17	7:24
Jordyn	Muse	13	F	Germantown							9:41	10:15
Griffin	Myers	11	F	Bethesda		7:02			9:08			
Perrin	Myers	7	F	Bethesda		10:50						
Trevor	Myers	41	M	Bethesda		7:03						
Jarel	Nathan	19	M	Gaithersburg						6:19	7:23	7:08
Al	Navidi	50	M	Rockville						6:28		
Renee	Nduka-Anya	12	F	Germantown					9:38			
Christopher	Neal	8	M	Germantown	7:18	7:59						
Niko	Neal	6	M	Rockville		8:07						
Bob	Neff	73	M	Hartville, OH			8:45					
Mark	Neff	47	M	Rockville		5:11	5:14					
Dee	Nelson	66	F	Gaithersburg		7:39	7:39	7:47	7:43	7:28	7:35	
Kevin	Nelson	45	M	Middletown, PA	5:53			5:43				
Noe	Nesdvadba	14	F	Potomac	8:21							
Jim	Neveleff	13	M	Gaithersburg			6:57					
Janet	Newburgh	67	F	Rockville			11:25				9:15	
Hai	Nguyen	26	M	Laurel	6:18							
Yung	Nguyen	33	F	Germantown					8:20			
Leah	Niles	8	F	Gaithersburg	11:29							
Lena	Norheim	11	F	Gaithersburg			7:39					
Trond	Norheim	53	M	Gaithersburg			5:58					
Karen	Norris	31	F	Gaithersburg	7:35							
Doug	Oats	31	M	Hagerstown			5:02					
Scott	Oberst	18	M	Rockville					5:41			
Brendan	O'Connell	14	M	Germantown			6:06					
Brian	O'Connor	44	M	Clarksburg							5:05	
Emeka	Odara	17	M	Olney							11:33	
Johnathon	Odim	9	M	Germantown	8:02							
Usim	Odim	5	M	Germantown	9:26							
Jonah	Odim	54	M	Potomac	12:33							
Adrianna	Offutt	10	F	Gaithersburg	10:45							
Michael	O'Halloran	48	M	Washington DC					5:00			
Anya	Oleynik	21	F	Gaithersburg			5:49			6:10		
Alliyah	Omar	8	F	Germantown		9:58						
Amirah	Omar	6	F	Germantown		9:29						

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First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Adanna	Onyewuchi	45	F	Gaithersburg				14:17				
Anara	Onyewuchi	13	M	Gaithersburg				11:20				
Nnanna	Onyewuchi	15	M	Gaithersburg				9:47				
Jared	Ozdany-Newman	11	M	Germantown						8:39		
Jason	Page	65	M	Hamilton, VA					5:28			
Antonio	Palmer	18	M	Gaithersburg						5:32		
John	Palmer	10	M	Germantown	7:54	9:39	10:29					
Kelvinesha	Palmer	14	F	Germantown		9:52	8:35					
Christopher	Parchmon	20	M	Gaithersburg								7:07
Davon	Parker	14	M	Germantown							10:14	
Dimitri	Parker	17	M	Germantown							7:37	
Sanjay	Patel	42	M	Kensington					6:51			
Bill	Pavan	47	M	Rockville				8:44				
Marc	Pavan	13	M	Derwood	7:36			11:20				
Jessica	Pavelle	9	F	Gaithersburg	10:08							
Ken	Pavelle	39	M	Gaithersburg	6:07							
Nicole	Pavelle	7	F	Gaithersburg	9:02							
Imir	Paz	20	M	Olney								7:01
Henry	Peck	13	M	Gaithersburg				8:25				
Jazzlyn	Pegram	7	F	Germantown	11:31							
Brianna	Permenter	13	F	Gaithersburg						8:32		
William	Permenter	17	M	Gaithersburg						6:48		
Jarvis	Peterson	20	M	Gaithersburg								7:26
Nicole	Peterson	18	F	Gaithersburg								7:07
Howard	Philips	42	M	Bethesda	8:59							
Nancy	Pierre	28	F	Germantown	10:10							
Stuart	Pineo	48	M	Columbia					4:56			
Carol Ann	Pisciotta	40	F	Silver Spring				9:59				
James	Pleasant	18	M	Germantown						6:09		
Josh	Pleasant	20	M	Germantown						6:15		
Catherune	Poole	33	F	Germantown					7:56			
Ted	Poulos	48	M	McLean, VA	5:14				5:06	4:59	5:04	5:13
Chris	Powers	41	M	Silver Spring					6:13			
Thomas	Powers	42	M	Bethesda			6:21					
Rod	Prana	54	M	McLean, VA		6:23						
Mark	Prebilic	50	M	Poolesville							6:14	
Delanie	Price	17	M	Upper Marlboro		6:09						
Michelle	Price	43	F	Bethesda				7:35				
Laquisha	Pryor	16	F	Gaithersburg					8:34			
Eric	Purdy	19	M	Gaithersburg							8:26	
Esaul	Ramirez	14	M	Gaithersburg		7:39						
Oscar	Ramirez	51	M	Gaithersburg					5:17		5:16	
Melisa	Ramos	33	F	Gaithersburg							7:01	
Tim	Ramsey	51	M	Alexandria, VA	9:59				8:14		8:16	
Rebecca	Read	47	F	Rockville				8:43				

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Phil	Reding	50	M	Burtonsville			5:53					
Tom	Regensburger		M	North Potomac							7:32	7:24
Maricol	Reynolds	16	F	Germantown	10:25		6:38					
Gary	Rich	16	M	Gaithersburg				7:38				
Jim	Rich	71	M	Bethesda	9:20					9:00		
Michael	Rich	18	M	Gaithersburg				7:34				
Patricia	Rich	70	F	Bethesda					12:42	12:18		
Tandell	Rich	13	M	Gaithersburg				10:42				
Jake	Riche	13	M	Gaithersburg		6:36	6:39	7:51				
Alesha	Ricks	18	F	Gaithersburg						7:07		
Bill	Riggs	40	M	Poolesville							6:50	
Gloria	Roberts	18	F	Upper Marlboro		5:20	5:34	5:33				
Maria	Roberts	20	F	Upper Marlboro				7:47				
Anna E.	Robinson	56	F	Gaithersburg		9:32						
Darius	Robinson	7	M	Olney								
Michael	Robinson	15	M	Germantown					7:20			
Sabari	Robinson	15	M	Rockville			6:51					
Ulrike	Robinson	38	F	Germantown					5:57			
Caelin	Roder	11	F	Silver Spring	7:55							
Ariel Alfred	Rodriquez	43	M	Germantown	6:33							
Luis	Rodriquez	37	M	Germantown				6:54				
Rachel	Rodriquez	14	F	Germantown							9:15	
Kevin	Rooths, Jr.	19	M	Montgomery Village							7:41	6:52
Josh	Rosenthal	33	M	Bethesda	6:42							
Joe	Rosenwald	52	M	Rockville	8:46							
Sylvie	Rosenwald	12	F	Rockville	7:14							
Mike	Roth	40	M	Germantown				5:40				
Raymon	Royster	15	M	Germantown							7:30	
Jeff	Rubin	53	M	Chevy Chase				5:59				
Travis	Ruffin	14	M	Gaithersburg						9:49		
Jamie	Rummler	41	M	Germantown					6:21	6:39		
Andy	Russo	48	M	Bethesda					7:22	6:56		
John	Russo	12	M	Bethesda					10:15			
Bob	Ryan	62	M	Ashburn, VA								7:47
Jake	Ryan	13	M	Beltsville	6:35							
Scott	Ryan	59	M	Clarksburg			6:45					
Anna	Ryba	15	F	Bethesda				5:54				
Nicola	Ryba	43	F	Bethesda				7:32				
Alan	Ryder	45	M	Gaithersburg					5:31			
Abdullah	Sallah	11	M	Gaithersburg	7:01		8:15					
Ellen	Sallah	16	F	Gaithersburg			7:37					
Shirley	Sameshima	43	F	McLean, VA			7:29	7:48				
Bianca	Sanchez	15	F	Gaithersburg				8:48	8:29			
Mark	Sanders	19	M	Rockville			5:54					
Ann	Satsangi	41	F	Germantown				7:10				

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Lennwood	Saunders	9	M	Gaithersburg	7:25							
Brianna	Savage	18	F	Germantown								8:20
Rebecca	Schaefer	21	F	Rockville	6:50							
Quinton	Schaired	13	M	Germantown							7:44	
Steven	Schaired	42	M	Germantown							10:31	
Gordon	Schatz	57	M	Potomac					6:20			
Katherine	Schexneider	48	F	Germantown						6:57		6:57
Steve	Schifferle	34	F	Columbia								6:31
Daiandre	Scott	12	M	Gaithersburg	6:58							
Michael	Scott	15	M	Laytonsville							7:43	
Paul Alex	Scott	17	M	Laytonsville							7:42	
Victoria	Scott	13	F	Gaithersburg							11:14	
Jessica	Sell	19	F	Germantown				7:06				
Paul	Sell	45	M	Germantown				5:41				
Nanjan	Selvaraj	44	M	Rockville				6:53				
Lou	Shapiro	67	M	Silver Spring							6:26	
Alexandra	Shaw	14	F	Germantown							10:55	
Craig	Shearer	29	M	Gaithersburg					5:08			
Sydney	Sheperd	16	F	Upper Marlboro		6:10						
Todd	Sherwood	47	M	Damascus			6:13					
Frank	Shi	41	M	Rockville	6:30		6:02					
Anita	Shigetumi	36	F	Gaithersburg	10:03							
Debbie	Shulman	53	F	Olney	8:21		8:06	8:37				
Hugues	Sicotte	42	M	Silver Spring							5:18	
Danielle	Siebert	25	F	Rockville			5:20					
Shawn	Simpson	11	M	Gaithersburg		7:00						
George	Sigal	48	M	Rockville					5:58			
Josh	Singer	27	M	Rockville		6:45						
Adrian	Singley	15	M	Germantown				8:58				
Joshua	Sircus	12	M	Clarksburg						7:29		
Nina	Smeltzer	50	F	Bel Air							7:33	
Betty	Smith	69	F	Rockville		9:01				7:39		
Christian	Smith	17	M	Gaithersburg								7:52
Iyana	Smith	14	F	Germantown						7:57		
Jamal	Smith	14	M	Gaithersburg				8:23				
Maria	Smith	19	F	Germantown						8:51		
Michael	Smith	9	M	Gaithersburg	9:28							
Midori	Smith	11	F	Gaithersburg	8:03							
Myranda	Smith	12	F	Germantown						11:50		
Reoinaco	Smith	38	M	Gaithersburg	7:22							
Tiffany	Smith	39	F	Gaithersburg	11:40							
Dashawn	Snowden	7	M	Rockville	9:12							
Jamie	Snyder	34	M	Germantown				6:32				
Jordan	Snyder	43	M	Rockville					5:12			
Karly	Snyder	9	F	Gaithersburg			12:32					

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Tom	Snyder	48	M	Gaithersburg			5:52					
Barry	Solomon Jr.	16	M	Gaithersburg							7:38	
Burton	Squires	81	M	Rockville						9:14	9:02	9:23
Bill	Stahr	49	M	The Plains, VA		5:54						
Damon	Steele	39	M	Clarksburg		6:59						
John	Stepek	51	M	Gaithersburg							6:05	
Katy	Stepek	11	F	Gaithersburg			7:48					
Trevor	Stepek	13	M	Gaithersburg			6:40					
Kiana	Stephens	15	F	Montgomery Village							10:03	
Leslie	Stewart	33	M	Germantown	10:18							
Phil	Story	44	M	Gaithersburg								5:42
Travon	Stott	12	M	Germantown							10:24	
Amanda	Strandquist	28	F	Germantown					6:33			
Richard	Stukey	54	M	Gaithersburg								6:37
Julian	Suarez	17	M	Germantown				7:13				
Asha	Subramanian	37	F	Kensington					8:18			
George	Sushinsky	63	M	Rockville				7:46				
Matthew	Sushinsky	19	M	Rockville			4:56	5:09				
Kenneth	Swab	59	M	Bethesda	7:43							
Vanessa	Taffo	12	M	Clarksburg		7:46						
Danny	Talmage	44	M	Germantown			6:18					
Calyn	Taylor	16	F	Rockville			6:46					
Shannon	Tchuimeni	39	F	Rockville					7:10			
Nichelle	Tearney	16	F	University Park					8:22		7:34	8:07
William	Tearney	14	M	Montgomery Village					6:58	7:34	8:31	
Anthony	Tedder	13	M	Rockville		7:54	7:45					
Clifford	Tell	46	M	Harpers Ferry, WV	6:23		6:04					
Ben	Temin	21	M	Rockville								6:17
Janice	Temin	17	F	Rockville								8:42
Robin	Temin	51	F	Rockville								7:55
Danielle	Terry	16	F	Gaithersburg						8:19		
Jake	Thomas	13	M	Gaithersburg			6:16					
Larry	Thomas	12	M	Germantown				7:58	8:42			
Lisa	Thomas	42	F	Gaithersburg			6:29					
Dante	Thompson	7	M	Gaithersburg	10:07							
Art	Tiller	54	M	Gaithersburg								6:32
George	Tong	13	M	Gaithersburg				8:26				
Jartu	Towen	16	F	Gaithersburg						8:50		
Joselyn	Towns	18	F	Gaithersburg						7:55		6:55
Sam	Trotman	20	M	Gaithersburg							7:40	6:51
Sheldon	Trotman	16	M	Gaithersburg							9:02	
Trenton	Truesdale	16	M	Germantown							10:41	
Yaroslav	Tsimura	22	M	Huntingdon Val, PA	5:49							
Rayne	Tucker	8	F	Silver Spring			10:52					
Eustance	Turkson	13	M	Silver Spring	6:57							

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Eva	Turner	16	F	Gaithersburg						8:03		
Nyrion	Turner	15	M	Gaithersburg						7:50		
Christopher	Tyler	16	M	Germantown			11:41					
Donovan	Tyler	13	M	Gaithersburg		7:49	7:24	8:06	8:28	7:45		
Kimberly	Tyler	18	F	Rockville				12:39				
Kimball	Tyler II	10	M	Rockville	7:24	7:33	8:24	9:42				
Joshua	Ungos	14	M	Rockville	6:46							
Rachel	Ungos	16	F	Derwood	6:54	7:12						
Gabriella	Uza	33	F	Olney			6:45					
Meredith	Valmon	41	F	Rockville					7:06			
Travis	Valmon	12	M	Rockville					8:12			
Paul	Vance	6	M	Germantown			11:11					
Paul	Vance	32	M	Germantown	10:51							
Abdulbaree	Vanderhall	13	M	Gaithersburg			9:35	9:04				
Baqir	Vanderhall	17	M	Gaithersburg			5:56	6:39				
Ted	Vanwinkle	10	M	Boysds					13:03			
Cheryl	Vault	44	F	Gaithersburg	10:14		9:54					
Nathaniel	Vault	11	M	Gaithersburg	8:37	7:55	8:11	8:53	9:08	11:22		
Solomon	Vault	13	M	Gaithersburg	6:08	7:04	6:21	7:18	7:41	8:23		
John	Veilleux	51	M	Rockville		6:28						
Daquan	Vickers	21	F	Gaithersburg								9:31
Greg	Von Wald	47	M	Gaithersburg			8:01					
Greg	Von Wald Jr.	15	M	Gaithersburg			7:25					
Steve	Von Wald	47	M	Gaithersburg	7:51							
Jessica	Wagner	16	F	Gaithersburg							9:40	
John	Wagner	50	M	Gaithersburg							8:21	
Michael	Wagner	18	M	Gaithersburg							8:20	
Charles	Walker	43	M	Olney					6:39			
Javon	Walker	6	M	Germantown	9:52		14:28					
Kyra	Walker	9	F	Clarksburg			12:25					
Madison	Walker	11	F	Olney					9:07			
Zachary	Walker	14	M	Olney					7:55			
Cynthia	Wallace	52	F	Washington DC	7:45	8:02	8:18					
Felix	Wang	34	M	Rockville		5:19	5:23	5:39				
Anna	Warfield	14	F	Gaithersburg	6:49							
Patrick	Waring	52	M	Gaithersburg							7:33	
Corey	Warner	13	M	Germantown					7:31			
Norvetta	Warren	50	F	Gaithersburg			11:35					
Dewitt	Warren		M	Gaithersburg	12:58							
Walt	Washburn	87	M	Vienna, VA							9:01	
Avery	Washington	14	M	Gaithersburg			10:45					
Darryl	Washington	47	M	Gaithersburg			12:17					
Isiah	Washington	9	M	Gaithersburg			12:17					
Larry	Washington	58	M	Rockville					5:16			
Shelly	Washington	47	F	Gaithersburg			14:34					

MCRRC Firebirds Mile Results Comparison

First Name	Last Name	Age	Sex	Hometown	2010	2009	2008	2007	2006	2005	2004	2003
Rachel	Watkins	15	F	Gaithersburg			7:31					
Delontae	Watson	20	M	Gaithersburg						7:07		
Sara	Watt	48	F	Gaithersburg				7:37				
John	Way	44	M	Gaithersburg	5:48	5:36	5:32	5:45	5:47	5:56	5:54	5:51
Stanley	Way	71	M	Rockville	9:26	9:08						
Robert	Weiner	63	M	Accokeek		6:52		6:58			5:58	6:26
Elyjah	West	15	M	Gaithersburg						9:06		
Courtney	Whalen	19	F	Rockville							7:07	
Keith	Whalen	48	M	Rockville							7:09	
Aaron	White	5	M	Gaithersburg	9:53							
Acurah	White	17	F	Gaithersburg								
Alasdair	White	11	M	Gaithersburg	8:14							
Alaysha	White	12	F	Germantown		7:35	8:14					
Alexis	White	17	F	Gaithersburg						7:20		
Bethany	White	13	F	Gaithersburg	8:53							
Elijah	White	7	M	Gaithersburg	9:17							
Frank	White	63	M	Gaithersburg					8:26			
Joseph	White	10	M	Gaithersburg	8:41							
Peter	White	47	M	Gaithersburg	9:53							
Marie	Whiteis	42	F	Germantown					7:24			
Joe	Wiegner	27	M	Germantown	4:23			4:38				
David	Wikman	20	M	Germantown								6:51
Sean	Wikman	18	M	Germantown								6:17
Marjie	Wilkerson	19	F	Gaithersburg								
Sarah	Williams	25	F	Kensington		8:13						
Tiani	Williams	8	F	Gaithersburg			11:35					
D Narra	Wilson	7	F	Germantown	9:44							
Dean	Wilson	10	M	Rockville					10:30			
Chantelle	Winchester	12	F	Gaithersburg	7:53	8:52	8:43	9:26		8:44		
Anise	Withers	10	F	Clarksburg			11:30					
Darnell	Withers	8	M	Clarksburg				12:26				
Stephen	Withers	8	M	Clarksburg			11:36					
Angelo	Witten	34	M	Silver Spring					6:53	7:18	6:44	6:50